

**Programme of studies for students who started in the academic years**

**2020/2021; 2021/2022; 2022/2023; 2023/2024**

Obligatory courses

| <b>YEAR 1</b>                           | <b>semester</b> | <b>hours and format</b>    | <b>ECTS</b> |
|---|-----------------|----------------------------|-------------|
| Academic Skills                         | first           | 30h seminar                | 4           |
| Biological Bases of Behavior I          | first           | 30h lecture + 30h seminar  | 8           |
| Intellectual Property Rights            | first           | 4h lecture                 | 0.5         |
| Introduction to Contemporary Philosophy | first           | 30h lecture                | 4           |
| Introduction to Psychology              | first           | 30h lecture                | 4           |
| Occupational Health and Safety          | first           | Online test                | 0.5         |
| Research Methods                        | first           | 30h lecture + 30h seminar  | 8           |
| Basic Psychological Skills              | first & second  | 60h training               | 4           |
| Biological Bases of Behavior II         | second          | 30h lecture                | 4           |
| Cognitive Psychology I                  | second          | 30h lecture                | 4           |
| History of Psychology                   | second          | 30h lecture                | 4           |
| Statistics I                            | second          | 30h lecture + 30h training | 8           |
| Logic                                   | second          | 30h seminar                | 3           |
| Elective courses                        | second          |                            | 4           |
|   |                 | total                      | 60          |

| <b>YEAR 2</b>               | <b>semester</b> | <b>hours and format</b>   | <b>ECTS</b> |
|-----------------------------|-----------------|---------------------------|-------------|
| Cognitive Psychology II     | first           | 30h lecture               | 4           |
| Developmental psychology I  | first           | 30h lecture               | 4           |
| Emotions and Motivation     | first           | 30h lecture               | 4           |
| Experimental Psychology     | first           | 30h training              | 4           |
| Psychometrics               | first           | 30h lecture               | 4           |
| Statistics II               | first           | 30h training              | 4           |
| Developmental Psychology II | second          | 30h lecture + 30h seminar | 8           |
| Individual Differences      | second          | 30h lecture               | 4           |

| <b>YEAR 2</b>                   | <b>semester</b> | <b>hours and format</b>   | <b>ECTS</b> |
|---------------------------------|-----------------|---------------------------|-------------|
| Social Psychology               | second          | 30h lecture + 30h seminar | 8           |
| Standardized Diagnostic Testing | second          | 30h training              | 4           |
| Statistics III                  | second          | 30h training              | 4           |
| Elective courses                | first & second  |                           | 8           |
|                                 |                 | total                     | 60          |

| <b>YEAR 3</b>                           | <b>semester</b> | <b>hours and format</b>     | <b>ECTS</b> |
|---|-----------------|-----------------------------|-------------|
| Clinical Psychology and Psychopathology | first           | 30h lecture + 30h seminar   | 8           |
| Psychological Interviewing              | first           | 30h training                | 4           |
| Psychological Assessment                | first           | 30h lecture                 | 4           |
| Empirical Paper                         | first & second  | individual research project | 6           |
| Health Psychology                       | second          | 30h lecture + 15h seminar   | 6           |
| Career Development Path                 | second          | 30h seminar                 | 4           |
| Personality Psychology                  | second          | 30h lecture                 | 4           |
| Qualitative Research Methods            | second          | 30h training                | 4           |
| Elective courses                        | first & second  |                             | 20          |
|   |                 | total                       | 60          |

| <b>YEAR 4</b>  | <b>semester</b> | <b>hours and format</b> | <b>ECTS</b> |
|--|-----------------|-------------------------|-------------|
| Master's thesis  | first & second  |                         | 10          |
| Elective courses   | first & second  |                         | variable    |
| Specialization courses                                     | first & second  |                         | variable    |
| Professional Ethics in Applied and Experimental Psychology | second          | 30h lecture             | 4           |
|  |                 | total                   | 60          |

| YEAR 5                 | semester       | hours and format | ECTS     |
|------------------------|----------------|------------------|----------|
| Master's thesis        | first & second |                  | 10       |
| Elective courses       | first & second |                  | variable |
| Specialization courses | first & second |                  | variable |
|                        |                | total            | 60       |

The **empirical paper** is an individual research project students conduct throughout year 3, under supervision of an academic researcher. Students select a topic of their interest and develop a research plan in cooperation with their supervisor. After data is gathered and analyzed, the results of the study will be described in an empirical paper that has the format of a scientific article. The paper is reviewed by the supervisor and a second independent reviewer.

The **master's thesis** is the closing piece of the study program. During four semesters –under supervision- students develop a research plan, collect and analyze data, and present the results in the master's thesis, which will be defended in front of a committee. The defense of the master's thesis is regarded as the final exam, and is the moment of actual graduation.

### Elective courses

During all years of study students have the freedom to select elective courses. Elective courses come in two general types, 1) those offered by WISP and 2) those offered by other departments of the University – so called OGUN courses (Polish abbreviation for “general university courses”, meaning that the course is open for all university students, irrespective of their field of study).

The elective courses offered by WISP are psychology courses, the “OGUNs” offered by other departments can be related to any topic or field, depending on the department offering the course.

WISP elective courses range from basic introductory courses, primarily aimed at a beginning students, to very specific and specialized courses directed towards students in their final stage of studies. A distinction is made between electives that focus practical application of knowledge and skills, and those that are more typically academic. The large majority of WISP elective courses are labeled as “academic”. Students must complete **at least 6 ECTS of “academic” electives** by the end of their studies.

In addition, during their course of studies students must complete **at least 15 ETCS of OGUN courses, 5 out of which should be from the domain of the humanities** (for example anthropology, history, linguistics, law, philosophy, etc.). The two obligatory “courses” in the first year: Intellectual Property Rights and Occupational Health and Safety also count as OGUN courses. A maximum of 40 ECTS of OGUN courses can be counted towards completion of the study programme. It is allowed to complete more than 40 ECTS of OGUN courses, but course beyond the 40 ECTS limit will not count towards completion of the study programme.

### **Specialization courses**

In years four and five students must complete **at least 48 ECTS** of specialization courses. At the end of year three students enroll in a specialization of their choice, which guarantees them access to all courses of that specialization. Students completing at least 48 ECTS of a given specialization, will receive a certificate of completion. Students are not obliged to complete all 48 ECTS within one specialization however. At their free will student may choose to de-register from courses of their specialization and to register for courses of other specializations – provided there is space. Although the requirement for graduation is the completion of at least 48 ECTS of specialization courses, a certificate of completion of a specific specialization is only awarded in case 48 ECTS are completed within a single specialization. Students are free to complete more than 48 ECTS of specialization courses, in order to make it possible to complete one specialization but also explore other specializations.

### **Other courses and requirements**

Physical Education (PE)

By the end of their third year of studies, students must have completed **3 semesters of Physical Education (PE) classes**. The University offers a wide range of sports and physical activities students can choose from.

Language

By the end of their third year of studies, students must have:

- Completed **2 semesters of language classes** (60 hours per course) offered by the University. They are free to choose any language except their native language OR the official language of the country of citizenship. Students receive credit for language classes.
- Pass **a benchmarked language exam at the B1 CEFR level** (lower intermediate). The language of choice cannot be the native language or English. To fulfill this requirement students can take exams organized by the University or present any of the major recognized language certificates attesting to the required level.