



Psychological Assistance Centre
University of Warsaw

**We support
the University of Warsaw community
in maintaining mental well-being.**

Counselling ● Development ● Prevention

What support do we offer?

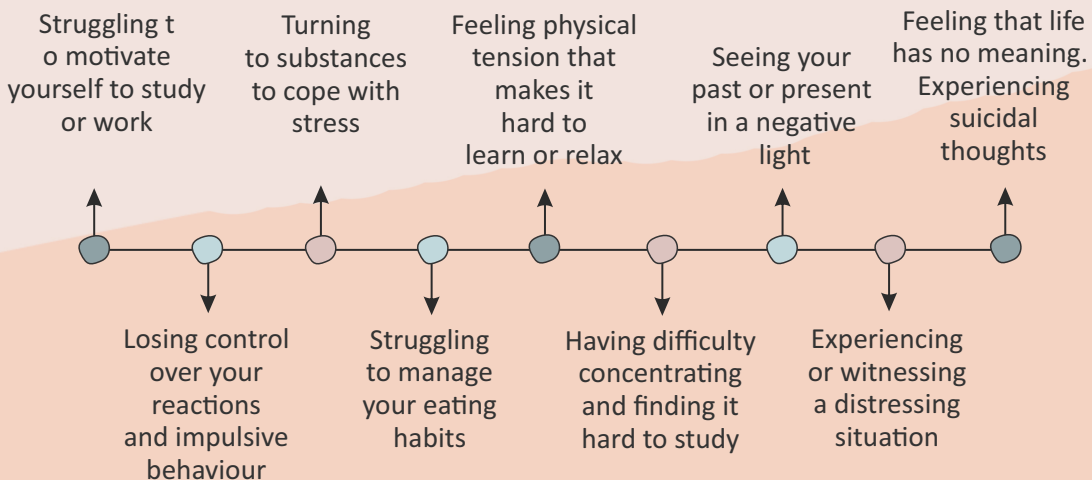
At the Psychological Assistance Centre, you can benefit from various forms of support, including:

- Psychological consultations
- Psychiatric consultations
- Short-term individual psychological support
- Group psychotherapy
- Crisis intervention
- Confidential helpline

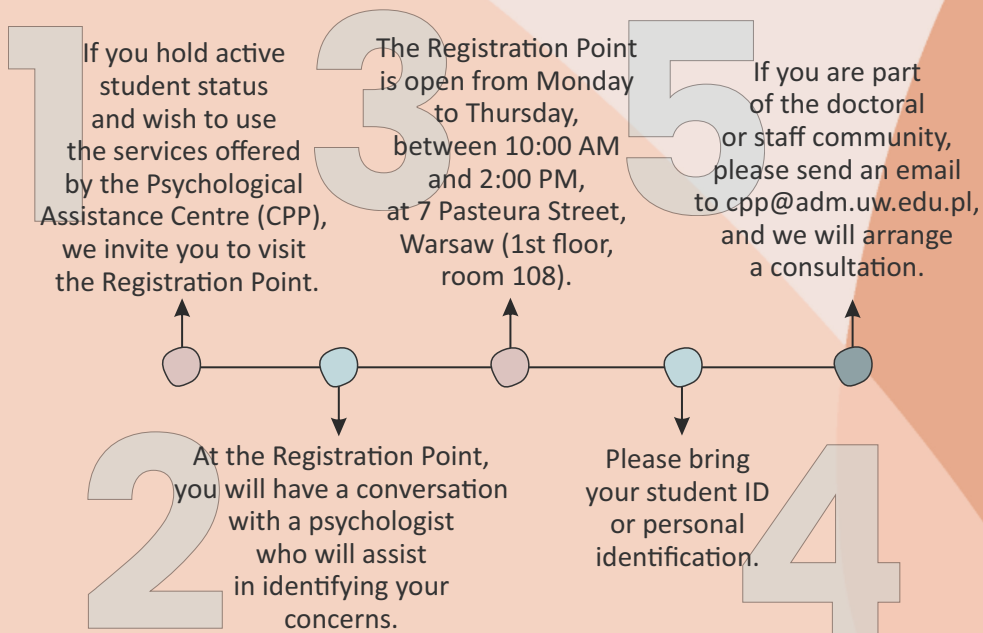
+48 22 552 44 24



When should you reach out?

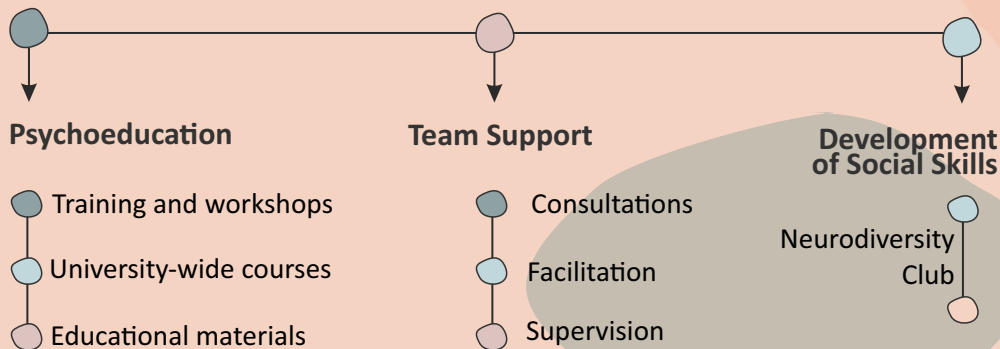


How to get in touch?



Development and Prevention

We also provide initiatives aimed at supporting mental health and developing interpersonal skills.



Where to find us?



University of Warsaw Ochota Campus
7 Pasteura Street, Warsaw
1st floor, room 108



www.cpp.uw.edu.pl



facebook.com/_CPP.UW



cpp@adm.uw.edu.pl



+48 694 711 731, +48 22 252 00 63



UNIwersytet
warszawski



CENTRUM
WSPARCIA
DYDAKTYKI